
SAN ISIDRO CATHOLIC CHURCH

Novena to the Holy Spirit

A nine-day Catholic prayer guide for preparing for Pentecost, seeking renewal, or asking the Holy Spirit for His gifts.

Traditional time to pray

Begin on the Friday after the Ascension and conclude on the Saturday before Pentecost. The novena may also be prayed at any time of year.

Daily rhythm

Become quiet. Make the Sign of the Cross. Pray the day's intention and prayer. Then pray one Our Father, one Hail Mary, and seven Glory Be prayers. Finish with the Act of Consecration and the Prayer for the Seven Gifts found at the back of this booklet.

“Come, Holy Spirit.”

Printable prayer booklet • Designed for personal, family, and parish use

How to Use This Novena

A novena is a period of persevering prayer traditionally offered over nine days. The Holy Spirit Novena is especially associated with the days between the Ascension and Pentecost, when the disciples remained together in prayer before the descent of the Holy Spirit.

Each day has a short focus, a prayer, a reflection question, and a brief aspiration to carry into the day. The goal is not simply to finish nine days of prayers, but to become more receptive to God's grace and more faithful to Jesus Christ.

The Seven Gifts of the Holy Spirit

Wisdom	See life in the light of God.
Understanding	Enter more deeply into the truths of faith.
Counsel	Discern and choose what is right.
Fortitude	Remain faithful when doing good is difficult.
Knowledge	See created things in relation to God.
Piety	Love and approach God with filial devotion.
Fear of the Lord	Stand before God with reverence and awe.

Fear of the Lord does not mean terror of God. It means reverence, awe, and a loving desire not to turn away from Him.

Come, Holy Spirit

TODAY'S FOCUS

Begin by asking for the Holy Spirit Himself. Christian prayer is not an attempt to manufacture grace. It is an act of openness to God, who already desires to draw us closer to Christ.

PRAY

Come, Holy Spirit. Turn my heart toward Jesus Christ. Gather what is scattered in me, strengthen what is weak, and soften whatever resists Your grace. Teach me to trust God more completely during these nine days. Make me attentive to Your presence and willing to follow where You lead. Amen.

THEN PRAY

Our Father × 1 **Hail Mary** × 1 **Glory Be** × 7

CARRY IT INTO TODAY

Where do I most need the Holy Spirit's help today?

Come, Holy Spirit. Begin Your work in me.

Conclude with the Act of Consecration and Prayer for the Seven Gifts on the final pages.

The Gift of Fear of the Lord

TODAY'S FOCUS

Fear of the Lord is reverence, awe, and humble love before God. It is not terror. This gift helps us recognize God's holiness and desire never to turn away from Him.

PRAY

Holy Spirit, give me holy reverence for God. Guard me from treating sin lightly, but also keep me from the kind of fear that makes me hide from God's mercy. Form in me humility, wonder, and a deep desire to remain close to the Father. Amen.

THEN PRAY

Our Father × 1 **Hail Mary** × 1 **Glory Be** × 7

CARRY IT INTO TODAY

What have I begun treating casually even though it is drawing me away from God?

Holy Spirit, teach me reverence and faithful love.

Conclude with the Act of Consecration and Prayer for the Seven Gifts on the final pages.

The Gift of Piety

TODAY'S FOCUS

Piety teaches us to approach God with the confidence of His children. It deepens prayer, worship, love for the sacraments, and charity toward the people God places in our lives.

PRAY

Holy Spirit, give me the gift of piety. Deepen my love for prayer, Scripture, the Mass, and the sacramental life of the Church. When prayer feels dry, keep me faithful. Teach me to love the Father with trust and to treat others with patience, mercy, and charity. Amen.

THEN PRAY

Our Father × 1 **Hail Mary** × 1 **Glory Be** × 7

CARRY IT INTO TODAY

What ordinary act of faith can I do with greater attention today?

Holy Spirit, make my faith living and sincere.

Conclude with the Act of Consecration and Prayer for the Seven Gifts on the final pages.

The Gift of Fortitude

TODAY'S FOCUS

Fortitude is the courage to remain faithful when doing what is right becomes difficult. Christian courage is not harshness. It is strength shaped by truth and charity.

PRAY

Holy Spirit, give me fortitude. Strengthen me when faithfulness costs something. Free me from the fear of human approval. Make me courageous without becoming harsh, steady without becoming proud, and faithful in both great trials and ordinary duties. Amen.

THEN PRAY

Our Father × 1 **Hail Mary** × 1 **Glory Be** × 7

CARRY IT INTO TODAY

What good thing have I avoided because it requires courage?

Holy Spirit, give me courage for the next faithful step.

Conclude with the Act of Consecration and Prayer for the Seven Gifts on the final pages.

The Gift of Knowledge

TODAY'S FOCUS

Knowledge helps us see creation as God's gift without confusing created things with the Creator. Family, work, beauty, possessions, and achievement can be good, but none can take God's place.

PRAY

Holy Spirit, give me the gift of knowledge. Teach me to receive creation with gratitude and to use the things of this world wisely. Show me where comfort, possessions, approval, achievement, or control have become too important. Let every good gift lead my heart back to the Giver. Amen.

THEN PRAY

Our Father × 1 **Hail Mary** × 1 **Glory Be** × 7

CARRY IT INTO TODAY

Am I receiving God's gifts gratefully, or asking them to satisfy what only God can fulfill?

Holy Spirit, keep my heart fixed on the Creator.

Conclude with the Act of Consecration and Prayer for the Seven Gifts on the final pages.

The Gift of Understanding

TODAY'S FOCUS

Understanding helps the truths of faith enter more deeply into our lives. It does not remove mystery. It helps us receive what the Church professes so that belief shapes the way we live.

PRAY

Holy Spirit, give me understanding. Enlighten my mind and deepen my faith in the Trinity, the Incarnation, redemption, the Church, the resurrection, and eternal life. Keep me humble before mystery, and let the faith I profess become visible in the choices I make. Amen.

THEN PRAY

Our Father × 1 **Hail Mary** × 1 **Glory Be** × 7

CARRY IT INTO TODAY

Which truth of the faith do I need to receive more deeply?

Holy Spirit, lead me from familiar words into living faith.

Conclude with the Act of Consecration and Prayer for the Seven Gifts on the final pages.

The Gift of Counsel

TODAY'S FOCUS

Counsel forms Christian discernment. It helps us choose faithfully when the path is not obvious and teaches us to bring prudence, truth, charity, and prayer into our decisions.

PRAY

Holy Spirit, give me the gift of counsel. Guide my decisions and purify my motives. Teach me when to speak and when to listen, when to act and when to wait. Give me humility to receive wise guidance and courage to follow what is true, good, and loving. Amen.

THEN PRAY

Our Father × 1 **Hail Mary** × 1 **Glory Be** × 7

CARRY IT INTO TODAY

What decision needs prayerful discernment rather than impulse or fear?

Holy Spirit, show me the faithful next step.

Conclude with the Act of Consecration and Prayer for the Seven Gifts on the final pages.

The Gift of Wisdom

TODAY'S FOCUS

Wisdom helps us see life in the light of God and eternity. It reorders our loves so that holiness matters more than status, charity more than ego, and faithfulness more than comfort.

PRAY

Holy Spirit, give me wisdom. Teach me to see my life in the light of God. Reorder my priorities and help me recognize what truly matters. Teach me to value holiness above appearance, truth above approval, charity above winning, and eternal life above temporary success. Amen.

THEN PRAY

Our Father × 1 **Hail Mary** × 1 **Glory Be** × 7

CARRY IT INTO TODAY

Will what occupies so much of my attention still matter in the light of eternity?

Holy Spirit, teach me to recognize what truly matters.

Conclude with the Act of Consecration and Prayer for the Seven Gifts on the final pages.

The Fruits of the Holy Spirit

TODAY'S FOCUS

The gifts of the Holy Spirit are meant to bear fruit in Christian life. As the novena concludes, ask God to make His work visible in greater love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control.

PRAY

Holy Spirit, remain at work within me. Where I am selfish, form love. Where I am restless, give peace. Where I am impatient, form patience. Where I am harsh, teach kindness and gentleness. Make me faithful, self-controlled, and joyful in Christ. Let Your gifts bear fruit in the way I live. Amen.

THEN PRAY

Our Father × 1 **Hail Mary** × 1 **Glory Be** × 7

CARRY IT INTO TODAY

Where is the Holy Spirit inviting me to live differently after these nine days?

Come, Holy Spirit. Let Your gifts bear fruit in me.

Conclude with the Act of Consecration and Prayer for the Seven Gifts on the final pages.

Prayers Used Every Day

Act of Consecration to the Holy Spirit

Holy Spirit, Spirit of the Father and the Son, I give myself to You. Be the light of my mind, the strength of my soul, and the guide of my heart. Guard my thoughts, words, and actions. Make me attentive to Your grace and willing to follow Your inspirations.

Keep me close to Jesus Christ. When I am weak, strengthen me. When I am confused, enlighten me. When I fall, lead me back to mercy. Preserve me from sin and teach me to seek God's will with humility and love.

Holy Spirit, I entrust myself to You. Form in me a faithful heart that listens, obeys, serves, and loves. Amen.

Prayer for the Seven Gifts

Lord Jesus Christ, You promised the Holy Spirit to Your disciples. Send Your Spirit anew into my heart and perfect in me the work of Your grace.

Grant me **Wisdom**, that I may desire what leads to eternal life; **Understanding**, that the truths of faith may shape my life; **Counsel**, that I may choose what is good and pleasing to God; **Fortitude**, that I may remain faithful when the way is difficult; **Knowledge**, that I may see creation in relation to its Creator; **Piety**, that I may love and serve God with the trust of a child; and **Fear of the Lord**, that I may stand before You with reverence, awe, and faithful love.

Mark me as Your disciple and animate all that I do with Your Holy Spirit. Amen.

Basic Prayers

Our Father

Our Father, who art in heaven, hallowed be thy name; thy kingdom come; thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen.

Hail Mary

Hail Mary, full of grace, the Lord is with thee. Blessed art thou among women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

Glory Be

Glory be to the Father, and to the Son, and to the Holy Spirit, as it was in the beginning, is now, and ever shall be, world without end. Amen.

*Come, Holy Spirit.
Renew Your gifts within us and lead us closer to Jesus.*

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